

Vegetable Sushi Cookbook Izumi Shoji

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## Summary:

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The Vegetable Sushi Cookbook | Addicted to Sushi The Vegetable Sushi Cookbook is the brainchild of Izumi Shoji, a hugely popular blogger in Japan, who shares her expertise in taking a wide variety of vegetables and transforming them into delicious and healthy sushi meals. Vegetable Sushi Recipe | Ina Garten | Food Network To roll the sushi, pick up the near edge of the bamboo roller and hold it with the nori, then pull them up and over the vegetable bundle until the nori reaches the rice on the other side.